

Grow Training's

Virtual Academy

Monthly
Email Newsletter



Living with Covid 19 Plan!

WRITTEN BY DEBORAH FORTUNE

The light in this pandemic tunnel is getting so much brighter, as the Taoiseach has insisted Ireland is “on the final stretch of this terrible journey”. As he announced phased changes to Covid-19 restrictions, as we are set to enjoy “much greater freedom”. We will still need to be vigilant as the new strain in wave 3 spreads very quickly and is considerably more dangerous. So continuing our safe practices of Training, PPE, Hand hygiene and social distancing to some extent, and given it no space at all it spreads is still the only way to go to avoid the terrible consequences. As the Taoiseach said accepting the restrictions on our lives, we have saved lives. We should be very proud of what we have accomplished together. Our summer is looking brighter with reuniting and enjoying the company of friends and family once again and businesses looking to safely reopen.

Albert Einstein once said, “The measure of intelligence is the ability to change” and we all have certainly had to do that in one shape or form due to the pandemic. But it seems now is the time as it’s been said “we are in the age of upskilling”. NOW is the time to upskill or reskill before the country starts to unfold its reopening phases. The team at GROW training took advantage of sometime to refresh our own skills, adapt to, and build new skills. As always GROW Training are here to facilitate all your training needs.

We are now offering VDU assessments to businesses or individuals working from home. Our new on-line private courses have arrived NVQ Unit - Conforming to General Health, Safety and Welfare in the Workplace/ NVQ Unit - Conforming to Productive Working Practices in the Workplace /NVQ Unit - Erecting and Dismantling Working Platforms and NVQ Unit - Moving, Handling and Storing Resources in the Workplace. They are not displayed on our website but purchase directly by contacting us on info@growtraining.ie. Give us a call for more details At Grow Training. We continue to work with you to ensure a safe and compliant return or in most cases continued work for you and your staff. As always, we are committed to providing you with excellent service and if you need any help, support or refresher courses contact us on info@growtraining or 0834014242.

Events and Campaigns 2021

GROW SMARTER GROW FASTER

(1st) The Next Stop-Virtual Marathon – Focus Ireland
(1-30) Marathon in a Month – Depaul
(2nd) World Autism Awareness Day

(7th) World Health Day
(28th) International Noise Awareness Day
(28th) World Day for Safety and Health at Work

Virtual Academy

FEATURED COURSE - WORKPLACE HEALTH AND SAFETY

GROW SMARTER GROW FASTER

NEW MONTHLY PROMOTION COURSE PRICE €25.00

CODE # APRILFB

CPD Approved

Course Description - This course covers general health and safety issues that apply to a wide range of types of businesses and sectors, from office and retail environments to workshops and factories. The wide range of topics covered makes this a great course to act as an introduction to health and safety in the workplace that can then be built on with more detailed courses that cover specific hazards that employees might come into contact with in specific workplaces. This makes it a useful part of the induction process.

By the end of this course the candidate will have an understanding of health and safety legislation and definitions of common terms associated with health and safety. This is followed up with some statistics outlining the most common causes of accidents in the workplace. They will also understand good practice in relation to electricity, display screen equipment and the use of safe manual handling techniques. The course also introduces best practice associated with the control of substances hazardous to health regulations, the importance of using appropriate PPE as instructed and the most common procedures to follow in the event of a fire. The course contains specific case studies that outline the seriousness of health and safety in the workplace and potential consequences if there is a health and safety breach.

"GROW YOUR SKILLS, GROW YOUR POTENTIAL, GROW YOU!"

Along with all this it introduces the concept of risk assessment and concludes with the actions that should be taken in the event of an emergency situation occurring.

Target Audience - a very wide audience as it applies to a wide range of sectors and can be included as part of the induction process in most businesses, especially when combined with other more specific health and safety courses that apply to the candidates role.

Advantages - As this course covers a wide range of health and safety situations the course provides a strong basis to further build on with more training. IIRSM approval means that this course meets the rigorous standards of this leading industry body.

Further Progression - Other health and Safety courses that cover specific aspects of the candidates role for example if they work a lot with computers then the DSE Awareness course would be useful to them. If they are going to be handling chemicals then the more detailed COSHH course would cover this more thoroughly, and if they are going to be working alone at any point then the Introduction to Personal Safety for Lone Workers course would be a great next step.

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WHAT OUR CUSTOMERS HAVE TO SAY!

We have used Grow Training consistently for the past two years for our Health Care Workers and couldn't recommend them highly enough. The training is informative and interesting and we always hear amazing feedback from the Care Workers afterwards. Fantastic service.

Tara



Monthly Support Courses:

World Autism Awareness Day
Autism Awareness Day
CPD Approved
World Health Day
Diabetes Awareness (one of many)
CPD Approved
International Noise Awareness Day
Noise Awareness
Equality, Diversity and Discrimination
CPD Approved