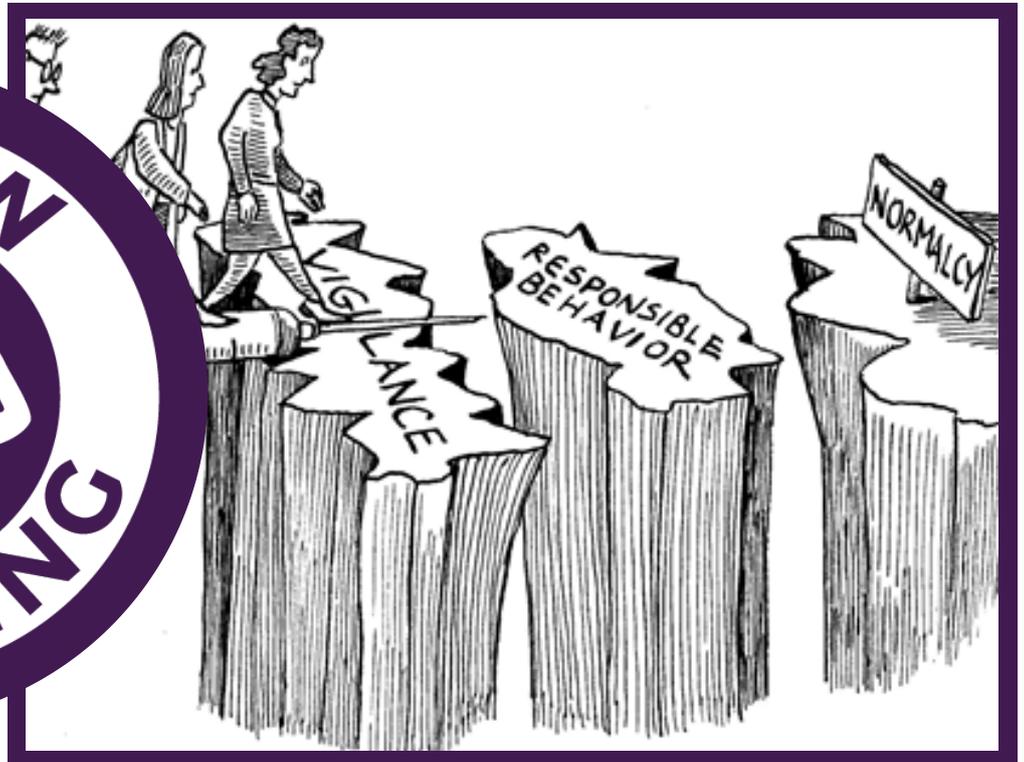


Grow Training's

Virtual Academy

Monthly
Email Newsletter



Living with Covid 19 Plan!

WRITTEN BY DEBORAH FORTUNE

It was a rough year, to one degree or another, for all of us and as 2020 ends we move into a new year with the feelings of how much 2020 has been the most disruptive and unprecedented year of this generation. But there is light at the end of the tunnel, however we will still be navigating our way through the pandemic and its wreckage for the foreseeable future. With the rapid spread of a new strain of SARS-CoV-2 Dr Holohan has asked "that we rediscover the spirit of solidarity and community we saw in March and April so that we can all do our part in protecting older and vulnerable people".

Intermittent lockdowns are the new norm but unfortunately not necessarily all people comply. It's looking like to eradicate covid19 and to give the vaccine a chance to work it will really depend on how much social mixing resumes, and our own behavioural changes. However the rays of hope at the end of the pandemic might be in sight, will lay in our hands, as the evidence suggests from 2020 that personal behavioural changes, such as hand-washing, wearing of masks and social distancing is helping to restrict the spread of infections. Overall, it's good news with the roll out of the vaccine, our behaviours can make a significant difference in disease transmission, so responsible behavior will continue to play a vital role.

We have big plans for the next few months including some new e-learning courses such as Health and Safety in a Care Setting which is now available from the 4th of January, and more courses to follow and some new delivery training methods to keep you upskilled during these uncertain times that will create some exciting new opportunities for our partners. We will share more about these projects as they approach completion. As always, we are committed to providing you with excellent service and if you need any help, support or refresher courses contact us on info@growtraining or 0834014242 .

We want to wish you a happy and prosperous 2021 from all at GROW Training.

Events and Campaigns 2021

GROW SMARTER GROW FASTER

January is International Walk Your Dog Month and what better way to kick start your New Years Resolutions by getting out in the outdoors and walking

DRY JANUARY Alcohol Concern awareness month

January is National Mentoring Month

(27 Jan) International Day of Commemoration in Memory of the Victims of the Holocaust

Virtual Academy

FEATURED COURSE - LEADERSHIP SKILLS

GROW SMARTER GROW FASTER

NEW MONTHLY PROMOTION COURSE PRICE €25.00

CODE # JANFB

CPD & ILM Approved

Course Description - A leader doesn't necessarily have to be a 'manager', but it's difficult to see how a manager could be truly effective without having at least some leadership skills. This course starts by introducing the basics of leadership and explores where the concept originated from. It then goes on to discuss various leadership theories, including situational leadership, contingency theories, transactional and transformational leadership and more. It then moves on to discuss developing teams including and team members by looking at the role leaders play in this. The final two modules cover the role communication plays in effective leadership and finishes off with a module about moving forward together to achieve a shared vision.

Target Audience - This course is aimed at supervisors and managers that want to develop more effective relationships with members of their teams. The course can be a great starting point for people new to their leadership role as well as more established managers that want to enhance their skills. This acts as a great introduction to the subject. This course can be sold to individuals who are doing the training for themselves or it can be pitched to businesses who might want to put all of their first line management team through the training, so they are all work in the same way and have the same skill set.

"GROW YOUR SKILLS, GROW YOUR POTENTIAL, GROW YOU!"

Advantages - CPD approval means that this course can be used by those that need to prove they are continually developing themselves. ILM approval means that this course can provide candidates with a recognised management qualification. A strong leader will motivate their team, improving morale and efficiency and ensure that their team is of a common purpose. Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training around their work and personal life.

Further Progression - For candidates that want to add more qualifications to their CV our Introduction to Emotional Intelligence course is a great introduction to that aspect of Leadership and management. For candidates specifically interested in developing resilient teams our Developing Teamwork course goes hand in hand with this one and expands on some of the key ideas and how they can be applied to teams. For candidates new to management roles Managing Meetings would be a great next step although working through any of our range of Business Skills courses would be valuable.

CONTACT INFO:

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WHAT OUR CUSTOMERS HAVE TO SAY!

Great manual handling course provided by Jenn and her Team. Such a down to earth approach from the trainers who make the whole thing really interesting!
Auds Cahill



Monthly Support Courses:

DRY JANUARY

Drug and Alcohol Awareness

CPD Approved

Mentoring Month

Stress Management

CPD Approved

International Day of Commemoration in

Memory of the Victims of the Holocaust

Equality, Diversity and Discrimination

CPD Approved