

Grow Training's

Virtual Academy

Monthly
Email Newsletter



Living with Covid 19 Plan!

WRITTEN BY DEBORAH FORTUNE

Christmas is a wonderful time for everyone to celebrate and share in the festive warmth of those dear to us. This year will be unusual as we move into Level 3 - everything we are used to at Christmas time will be a lot different - household restrictions and social distancing mean everything from catching up with friends to Christmas dinner itself will be strange. At GROW Training we are all about safety so it is most important that we stay safe and enjoy quality time! Focusing on what we have and not on what we don't have can help ease family situations. The stress and isolation of this Christmas will for many be an opportunity to reconnect with family and friends.

We need to modify our plans this holiday season on many levels, like how we can make Christmas dinner as safe as possible. Food safety is always a challenge at this time of year, over flowing fridges, cooking the turkey, even the left overs.

With the added pressure of Covid we really need to plan in advance including how we serve and sit at the table with social distancing. Acting responsibly will help reduce spread of COVID-19 keeping your friends, families, and communities healthy and safe.

We are asked to reduce in-person contacts, to wash hands regularly, to keep fresh air circulating in homes, to avoid crowds while shopping and to wear face coverings. We should avoid hugs, kisses and handshakes when they are reunited with friends and family.

We need to avoid activities that are a higher risk for spreading Covid. Consider fun alternatives that pose lower risk of spreading COVID-19.

REMEMBER coronavirus won't take the week off, so we definitely need to err on the side of caution. Though Christmas 2020 will be far from normal, some things won't change and there is still much to enjoy. Like putting up the tree with Christmas music in the background, Christmas baking, oh the smell of cookies baking, yes and the wrapping of the presents. Check out our on-line training, as always, we are committed to providing you with excellent service and if you need any help, support or refresher courses contact us on info@growtraining.com or 0834014242

From the Team here at GROW Training we Thank You for your business this year. May your Christmas be bright and happy and may all your Christmas wishes come true.

Events and Campaigns 2020

GROW SMARTER GROW FASTER

((3rd) International Day of Persons With Disabilities – CRC
(6th) Light up a Life – Our Ladys Hospice and Care Services

(13th) Light Up A Memory – Together For Hospice
(17th) Christmas Jumper Day – MS Ireland
(25th & 26th) GOAL Mile – GOAL

Virtual Academy

FEATURED COURSE - FOOD SAFETY LEVEL 1

GROW SMARTER GROW FASTER

NEW MONTHLY PROMOTION COURSE PRICE €20.00

CODE # DECFB

RoSPA, IFE & CPD Approved

Course Description- Food Handlers and their employers have a legal duty to manage Food Safety. These obligations are set out by a number of EU and UK Laws. These Laws state that food handlers must make sure that food which is prepared, cooked, served or sold, is safe for human consumption. Failing to follow food safety standards can cause food to become contaminated with potentially fatal consequences. Training your employees with our online system will go a long way to give them greater awareness of the dangers that poor food safety standards pose, as well as covering how food safety risks actually arise and how to control and prevent them. The Level 1 Awards in Food Safety provide an ideal solution to staff induction training including:

Target Audience-This course is aimed at anyone working within the food industry New employees with minimal or no prior food safety knowledge; Employees handling low-risk or wrapped foods (category A); Front of house employees, such as waiting or check out staff; Back of house employees, such as kitchen porters or warehouse staff..

Advantages- it is vital to anyone working in the food industry CPD approval means that this course can be used by those that need to prove they are continually developing themselves. Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life

Further Progression -Our Food Safety level 2 courses go hand in hand with level 1 as they provide detailed information on food safety and hygiene practices. They are industry specific so more relevant than generic courses and should be completed by anyone who is handling food. For supervisors and managers in the food industry our Introduction to HACCP Level 2 course provides an in depth introduction to Hazard Analysis and managing critical control points so that food remains safe for consumption from farm to fork. Also Supervising Food Safety - Level 3 As with many of our Health and Safety courses if candidates are undertaking this training it is likely that other subjects such as Fire Safety or Slips Trips and Falls will also be relevant to them.

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"GROW YOUR SKILLS,
GROW YOUR POTENTIAL,
GROW YOU!"

WHAT OUR CUSTOMERS HAVE TO SAY!

We have used Grow

Training consistently for the past two years for our Health Care Workers and couldn't recommend them highly enough.

The training is informative and interesting and we always hear amazing feedback from the Care Workers afterwards. Fantastic service.



Monthly Support Courses:

International Day of Persons With Disabilities

*Principles of Communication
CPD Approved*

*Light up a Life Hospice
Dignity and Privacy
CPD Approved*