

Grow Training's

Virtual Academy

Monthly
Email Newsletter



Living with Covid 19 Plan!

WRITTEN BY DEBORAH FORTUNE

In the midst of a new lockdown and high emotions we know that COVID has created isolation and is eroding support networks for many people. Domestic abuse is a pattern of threatening & controlling behavior and is not just an issue for women it is affecting many Older people. Elderly people can be extremely vulnerable when relying on help for day to day things or living with family.

When stuck in an abusive situation with their social activities temporary closed such as day centre's, a change, or no routine, this may have been there only escape. Also, with travel restrictions families cannot visit to check in causing added pressure on them or the family member may be feeling stuck with them. In turn this can lead to threatening behavior and can often be taken out on their loved ones for not being able to move. They also might have an over reliance of support that they may not like, and are afraid to refuse it, in fear of having no help. This can cause an effect their mental health and increasing loneliness and their vulnerability.

What can we do, listen, recognise & respond, identify & report concerns of abuse suffered by vulnerable adults, ensure people are supported & encouraged to make their own decisions. Gardaí launched the third phase of Operation Faoiseamh – which ensures the vulnerable & victims of abuse continue to receive the “highest priority response” despite the ongoing COVID-19 crisis. Staying on top of training is so important to enable caregivers, to recognise, identify & respond in situations of abuse suffered by vulnerable adults. Check out our on-line training as always, we are committed to providing you with excellent service and if you need any help, or refresher courses contact us on info@growtraining or 0834014242

Events and Campaigns 2020

GROW SMARTER GROW FASTER

((19th) Memory Ribbon Flag Day Collection (Nationwide) –
The Alzheimer Society of Ireland
(20th) Rainbow Ball – BeLonG To

((27th) Abseiling for Asthma – Asthma Society of
Ireland
(28th) RMHC Annual Gala Ball – Ronald McDonald
House Charity

Virtual Academy

FEATURED COURSE - SAFEGUARDING ADULTS

GROW SMARTER GROW FASTER

CPD Approved

Course Description-Our Safeguarding courses have been created because, first & foremost, we all have basic human rights. Chief among these is the right to be healthy, happy & treated well, regardless of race, age, gender or location. When these rights are abused in some way it's wrong, & it is therefore that guidelines, policies & procedures are followed to enable everyone, without exception to live a life in which these basic values and rights are maintained & upheld. During this course you will hear many facts, figures & details surrounding the risk to adults in need of care & support, the types of abuse suffered & key safeguarding legislation put in place to minimise the abuse of adults with care & support needs. By the end of this course, you will have learned a better understanding of safeguarding principles & be able to apply them to your role. This includes being able to define the key terminology in relation to safeguarding; identify the principle laws that relate to safeguarding & why they have been put in place to minimise abuse; recognise & respond to the ten types of abuse suffered by vulnerable adults; identify & report concerns of abuse or neglect; describe your role, responsibilities & boundaries; ensure people are supported & encouraged to make their own decisions & give informed consent, finally manage the environment to minimise the risk of abuse

Target Audience-This course is aimed at anyone who has a duty of care for, or comes into contact with, adults in need of care and support, either as a paid professional or a volunteer. This includes, but isn't limited to, those that work in domiciliary care, the HSE community centres, prisons or with a family member at home, and sets out the roles and responsibilities everyone must undertake to protect an adult's right to live in safety, free from abuse and neglect.

Advantages- Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life

Further Progression - There are a lot of courses in our health and safety suite that would make great follow ups to this course that will all provide valuable additions to your knowledge. We also have a specific Safeguarding Children. Sexual Harassment in the Workplace, Anti Harassment and Bullying & Dignity & Privacy

CONTACT INFO:

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"GROW YOUR SKILLS,
GROW YOUR POTENTIAL,
GROW YOU!"

WHAT OUR CUSTOMERS HAVE TO SAY!

*" Delighted with myself
Deborah many thanks for all your help
& patience....Colette*



Monthly Support Courses:

Abseiling for Asthma

Autism Awareness

CPD Approved

Memory Ribbon Flag Day

*Mental Capacity Act and Deprivation Of
Liberty Safeguards*

CPD Approved

BeLonG To

Equality, Diversity and Discrimination

CPD Approved